
















For specific information regarding daily/weekly nutritional content please speak to your Nursery Chef or Nursery Manager

We always do our best to accommodate any specific dietary requirements and work closely with our parents to ensure every child is getting 100% of the nutrition they need whilst in our care. We take care not to provide food containing nuts or nut products and are vigilant where we have a child who has a known allergy.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast : A selection of cereals with warm or cold milk toast with butter; also a selection of fruit available. CG, M					
Lunch	Mixed Beans chili corn carne served with rice 	Lamb hot pot with potato and carrots served with homemade Yorkshire pudding CG M E  Vegetables and Chickpea hot pot	Fisherman pie served with broccoli and sweetcorn F M E  Creamy fishless pie with green peas	Chicken pie served with sautéed green beans CG M  Green beans and selection of vegetables pie	Vegetable Pasta Bake M CG 
Desert	Pineapple upside down cake served with custard E CG M 	Yogurt M 	Apple crumble served with custard M E CG 	Jelly and Ice cream M 	Fresh fruits salad 
Tea	Cheese pancakes E, M, CG 	Jacket potato with baked beans and cheese M 	Selection of Cheese, jam and lemon curd CG, M, E 	butternut squash soup with croutons CG 	Flaky cheese and onion pasties CG, M 

Seasonal fruit served after Lunch and Tea

P: Peanuts	SY: Soya	F: Fish	E: Egg	M: Milk	Mo: molluscs	L: lupin
C: Celery	CG: Cereal and Gluten	CR: crustacean shellfish	SS: Sesame Seeds	SD: Sulphur Dioxide	Mu: Mustard	N: nuts